



# CHECKMAT

BRENTWOOD, CALIFORNIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
					9:30AM ADULT FIGHT TEAM INVITE ONLY
5:30PM-6:15PM LITTLE CHAMPIONS AGES 4-6	5:30PM-6:15PM YOUTH BJJ LEGACY 7-12 YRS	5:30PM-6:15PM LITTLE CHAMPIONS AGES 4-6	5:30PM-6:15PM YOUTH BJJ LEGACY 7-12 YRS	5:30PM-6:15PM YOUTH MMA LEGACY 7-12 YRS	
6:30PM-7:15PM ADULTS/TEENS FUNDAMENTALS 16+ YRS	6:15PM-7:05PM ELITE COMP TEAM INVITE ONLY	6:30PM-7:15PM ADULTS/TEENS FUNDAMENTALS 16+ YRS	6:15PM-7:05PM ELITE COMP TEAM INVITE ONLY	6:15PM-7:05PM ELITE COMP TEAM INVITE ONLY	
7:15PM-8:15PM ADULT JIU-JITSU ALL LEVELS	7:15PM-8:15PM ADULT NO-GI ALL LEVELS	7:15PM-8:15PM ADULT JIU-JITSU ALL LEVELS	7:15PM-8:15PM ADULT JIU-JITSU ALL LEVELS	7:15PM-8:15PM ADULT NO-GI ALL LEVELS	
8:15PM-8:30PM ADULT JIU-JITSU SPARRING	8:15PM-8:30PM ADULT NO-GI SPARRING	8:15PM-8:30PM ADULT JIU-JITSU SPARRING	8:15PM-8:30PM ADULT JIU-JITSU SPARRING	8:15PM-8:30PM ADULT NO-GI SPARRING	